

PROGRAM	DESCRIPTION	TARGET AGE GROUP	TOTAL DURATION	CONDOM DEMO	EVIDENCE-BASED
Be Proud! Be Responsible!	Provides adolescents with the knowledge, motivation, and skills to change their behaviors in ways that reduce their risk of unplanned pregnancy and STIs such as HIV.	High School	6 hours (6 modules)		
Making Proud Choices!	Provides adolescents with the knowledge, confidence, and skills necessary to reduce their risk of unplanned pregnancy and STIs.	Middle School	9.5 hours (14 modules)		
Project AIM	Engages young people in thinking about their future, sparking motivation to make safe choices and reducing their risk of HIV.	Middle School	11 hours (13 modules)		
Rights, Respect, and Responsibility	Addresses both the functional knowledge related to sexuality and the specific skills necessary to adopt healthy behaviors.	K - 12th	Flexible		
M.B.F. Child Safety Matters	Educates and empowers children with information and strategies to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of abuse, and digital dangers.	K - 5th	2 hours (2 modules)		
M.B.F. Teen Safety Matters	Educates and empowers teens with information and strategies to prevent, recognize, and respond appropriately to bullying, cyberbullying, all types of abuse, and digital dangers.	6th - 12th	2 hours (2 modules)		*Evidence-Informed
Condoms and Consent	Educates teens on consent, the legal and psychological repercussions of failing to obtain consent, and the logistics of effective condom use.	High School	80 minutes (2 modules)		
Be Proud! Be Responsible! Be Protective!	Emphasizes maternal protectiveness as well as sexual responsibility and accountability, increasing awareness of the effects of HIV/AIDS on communities and children.	Pregnant and parenting teens ages 14 - 18	8 hours (8 modules)		
Girls Circle	Builds positive connections, increases confidence, and develops collective and personal strengths through a structured support group format.	Girls ages 9 - 18	1-2 hours per session (4-12 sessions)		
Youth Performing Arts Program	Develops self-esteem, empathy, and awareness around social issues through storytelling and theater games.	K - 12th	Flexible		
Stress Management	Teaches youth to identify common stressors and provides them with the opportunity to practice positive coping strategies including yoga and meditation.	K - 12th	Flexible		
Healthy Relationships	Teaches youth to identify characteristics of unhealthy and healthy relationships through discussion and interactive activities.	6th - 12th	Flexible		